

Dr. Daniel S. Helm

Chiropractor

EDUCATION

1996	Life Chiropractic College West Doctor of Chiropractic (D.C.) *Graduate Class of June 1996	Hayward, CA
1989	University of California, Davis Bachelors of Arts (B.A.) *Major – Rhetoric/Communication Studies *Minor – Exercise Physiology	Davis, CA

PROFESSIONAL EXPERIENCE

July 2002 to Present Vacation Relief Work Statewide in CA
Chiropractor

- Execute duties of a Chiropractor in offices requiring vacation relief coverage.
- Accommodating to the requirements of an office and to the conditions of the patients.

Aug. 2000 to July 2002 Elite Care Chiropractic Encinitas, CA
Chiropractor

- Created a Chiropractic business within an established multidisciplinary Health Care practice.
- Performed all duties of a Chiropractor which included complete history, thorough physical exam, diagnosis of the injury and treatment plan.
- Knowledgeable and experienced in treating worker's compensation and personal injury cases and writing thorough reports.
- Communicated and educated patients about Chiropractic and its relationship to their health. Details included the use of nutrition, exercise, and lifestyle changes.
- Traveled with professional athletes providing Chiropractic care at various contests. Clients included Triathletes Wendy Ingraham and Chris Lieto.

Nov. 2000 to June 2002 Henry's Marketplace Encinitas, CA
Nutritional Consultant

- Educated customers in the benefits of nutrition as part of a healthy lifestyle. Education also included exercise, dietary, and Chiropractic advice.
- Synchronized customers' ailments with the various types of nutrition.
- Recommended and knowledgeable with Homeopathic Remedies and Bach Flowers Remedies with regards to various ailments.

1438 Grizzly Peak Blvd., Berkeley, CA 94708-2202
Phone: (510) 333-3351 E-mail: HelmDC@hotmail.com, DrDaniel@dshelmdc.com

Dr. Daniel S. Helm Chiropractor

Dec. 1998 to March 1999 Total Fitness Chiropractic Fremont, CA
Chiropractor

- Team member in Chiropractic/Massage clinic.
- Performed complete and thorough history and physical examination.
- Assisted and adjusted, using a variety of adjustments and soft tissue methods, patients with various conditions.
- Performed X-ray duties that included marking and analyzing and generated x-ray reports.
- Knowledgeable in the use of various electrical modalities and their applications.
- Communicated clearly to each patient their treatment protocols and results required.

Sept. 1996 to Nov. 1998 Nooyan's Wholistic Centre Gold Coast, Australia
Chiropractor

- Created a Chiropractic business within an established multidisciplinary Health Care practice. Office included Chiropractic, Acupuncture, Massage, Health Food Shop, Health Food Café, Naturopaths, and Holistic Dentistry.
- Educated the public through a series of seminars in the benefits of a healthy lifestyle, which included Chiropractic care, exercise, and nutrition.
- Involved in creating many of the advertising aspects for the Centre including Radio interviews, Television commercials, and Educational Paper advertising.
- Performed complete and thorough history and physical examination.
- Various treatment methods included nutrition, soft tissue, and a variety of adjusting techniques that included the spine and many other articulations.
- Educated patients about the benefits of a healthy lifestyle that included nutrition, exercise, diet, and the importance of Chiropractic as a wellness adjunct.
- Provided Chiropractic care to professional athletes at Triathlon and Surf-Lifesaving contests. Clients included Trevor Hendy, Dwayne Thuys, and Simon Knolwes.
- Executed duties of a Chiropractor in offices requiring locum/vacation relief coverage.

1438 Grizzly Peak Blvd., Berkeley, CA 94708-2202
Phone: (510) 333-3351 E-mail: HelmDC@hotmail.com, DrDaniel@dshelmdc.com

Curriculum Vitae

Dr. Daniel Helm, Chiropractor

Summary of Qualifications

- Eight plus years of licensed clinical experience, over 2 years overseas.
- Knowledgeable with the various applications of physiotherapy modalities.
- Proficient in a multiple variety of techniques and soft tissue modalities.
- A great rapport with clients of all ages.
- An ability to communicate and educate the public on the benefits of Chiropractic.
- Comfortable with and a history of public speaking including seminars involving Chiropractic and nutrition.
- Experience in a high volume practices, adjusting over 155 people per day, including infants, toddlers, and adults.
- Experience in smaller practices involving massage therapy, physiotherapy, and adjusting all done by the Chiropractor.
- Knowledgeable and experienced with personal injury and work comp cases including writing narrative reports.
- Ability to adapt with an office staff in handling expected and unexpected situations as they arise.

Education

- Doctor of Chiropractic Degree (D.C.) June 1996
Life Chiropractic College West, Hayward, CA
- Bachelor of Arts Degree (B.A.), Communication/Rhetoric Studies June 1989
University of California at Davis, Davis, CA

Licenses / Credentials

- American Specialty Health Plan Provider (ASHP), Pending March 2005
- Certification in Homeopathy, 2001
- Veterinary Orthopedic Manipulation (VOM) Credential, Nov. 2000
- State of California, License to Practice Chiropractic, Nov.2000, Lic #DC27237
- Neurolinguistics Programmer (NLP) Practitioner and Master Training, July 2000
- State of Hawaii, License to Practice Chiropractic, Dec.1999, Lic #DC839
- State of Queensland/New South Wales, Australia, License to Practice Chiropractic, 1996.
- Applied Kinesiology 100 Basic Course x2 with various additional AK courses 1993-1999.

Techniques

Activator	Diversified	Various soft tissue techniques
Applied Kinesiology	Drop Table	Motion Palpation
SOT	Toggle	Chiropractic Biophysics
Cox Flexion/Distracton	Gonstead	Torque Release Technique

Employment History

- Chiropractor, Vacation Relief Work, California, July 2002 to Present
- Chiropractor, Elite Care Chiropractic, San Diego, CA, August 2000 to July 2002
- Nutritional & Homeopathic Advisor, Henry's Marketplace, S.D., CA Nov.2000-June 2002.
- Food Management & Distribution, Expressly Gourmet, S.D., CA April 2000-Sept. 2000
- Airport Shuttle Driver, Cloud 9 Shuttle, San Diego, CA August 1999-September 1999
- Chiropractor, Total Fitness Chiropractic, Fremont, CA, Dec. 1998 to March 1999.
- Chiropractor, Nooyan's Wholistic Centre, Gold Coast, Australia, Sept. 1996-Nov. 1998.